



MORNING PRAYER

In the name of our Lord Jesus Christ I will begin this day. I thank you, Lord, for having preserved me during the night. I will do my best to make all I do today pleasing to You and in accordance with Your will. My dear mother Mary, watch over me this day. My Guardian Angel, take care of me. St. Joseph and all you saints of God, pray for me...
(followed by Morning Offering)

Morning Offering

Most Holy and Adorable Trinity, one God in three Persons, I firmly believe that You are here present; I adore You with the most profound humility; I praise You and give You thanks with all my heart for the favors You have bestowed on me. Your Goodness has brought me safely to the beginning of this day. Behold, O Lord, I offer You my whole being and in particular all my thoughts, words and actions, together with such crosses and contradictions as I may meet with in the course of this day. Give them, O Lord, Your blessing; may Your divine Love animate them and may they tend to the greater honor and glory of Your Sovereign Majesty. Amen.



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